

Test Requested by: Steven Doe <stevendoe.mht@gmail.com>

Person tested / patient	Contact details	Sample date & details
Steven Doe	Steven Doe	07:45, Tue 29 Jan 2019
DOB: 01 Nov 1965 (53 years) Gender: Male PBT-ID: 1802	Email: stevendoe.mht@gmail.com Phone: 291234567 Mobile: 41212345678 PRT-ID: 1802	SAM-ID: 99900025 Ship-IF: IF996604 Type: Dried Blood Spot Received: 2019-01-29
Your test results are:		Reported: 2019-01-30, 15:52
Total Prostate Specific Antigen: 2.3 µg/L		Analyte: PSATOTAL Method: TRFIA Analysed: 2019-01-30, 11:14

Expected PSA levels

For tests after 1 July 2018, the expected levels for our Prostate (Total PSA) test have been altered due to a refinement in lab methodology. Any test results before this date have not changed.

Your age:	Expected Total PSA level:
If you are aged less than 50 years:	Less than 2.2 µg/L
If you are aged 50 to 60 years:	Less than 3.9 µg/L
If you are aged over 60 years:	Less than 6.9 µg/L

If you are monitoring a high PSA level under your doctor's supervision

Your doctor will have discussed the best way to monitor your health. Please speak with your doctor about these results.

Important information about PSA results

A high PSA (prostate specific antigen) level does not mean that you have prostate cancer. There are many other causes of high PSA. In a small number of cases the PSA level can be in the normal range when prostate cancer is present. If your result is in the normal range, but you are experiencing symptoms of a prostate condition such as problems urinating, or if your PSA result is higher than the expected level for your age, please take this result to your doctor to discuss.

This test is not suitable for monitoring advanced prostate problems or monitoring prostate problems after radiation, chemotherapy or surgery of the prostate.

If you are feeling concerned and want more information before you have your appointment with your doctor you can contact the Cancer Council hotline Tel: 13 11 20 or look on their [website](#). You can also get support from [Beyond Blue](#) Tel: 1300 22 4636.

SID: 20190130111400-99900025-S1 UID: 1802-1802

Understanding PSA results

For more information on the interpretation of this result and the scientific validity and clinical utility of the MyHealthTest Prostate (Total PSA) Test Service please see the [MyHealthTest website](https://www.myhealthtest.com) – <https://www.myhealthtest.com>.

The measurement of PSA in dried blood spots is comparable to those from traditional methods of blood testing, however your result may be different based on the following:

- Your sample may have been collected inappropriately, contaminated or affected during transport
- You may have a medical condition or be taking medication that has an effect on the Dried Blood Spot test

If your result is within the normal range provided but you are experiencing symptoms, please take your result to your doctor to discuss.

Questions? Contact our Customer Service Team

Phone: [+61 2 6145 2147](tel:+61261452147)

Email: customer.service@myhealthtest.com

Or find answers on our website at www.myhealthtest.com

Other useful resources

Below are some additional useful resources with more information on prostate conditions.



<https://andrologyaustralia.org/>



Lab Tests Online^{AU}
EXPLAINING PATHOLOGY

<http://www.labtestsonline.org.au/learning/test-index/psa>



Prostate Cancer
Foundation of Australia

<http://www.prostate.org.au/>



<http://www.cancer.org.au/about-cancer/types-of-cancer/prostate-cancer.html>



beyondblue

<https://www.beyondblue.org.au/who-does-it-affect/men>

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