

Report downloaded: 21:33, Tue 30 Apr 2019

Test Requested by: Jane Doe <janedoe.mht@gmail.com>

Person tested / patient	Contact details	Sample date & details
Jane Doe	Jane Doe	07:45, Mon 10 Sep 2018
DOB: 01 Jul 1971 (47 years) Gender: Female PBT-ID: 1801	Email: janedoe.mht@gmail.com Phone: 41212345678 Mobile: 41212345678 PRT-ID: 1801	SAM-ID: 99900023 Ship-IF: IF996603 Type: Dried Blood Spot Received: 2018-09-20
Your test results are:		Reported: 2018-09-21, 15:52
Thyroid Stimulating Hormone (TSH): 2.3 mIU/L		Analyte: TSH Method: DELFIA TRFIA Analysed: 2018-09-21, 11:14

Expected TSH levels

For tests after 1 July 2018, the expected levels for our Thyroid (TSH) test have been altered due to a refinement in lab methodology. Any test results before this date have not changed.

TSH level:	Indicates that:
4.3 mIU/L or higher:	You may have a thyroid problem, please speak to your doctor
0.5 mIU/L – 4.2 mIU/L:	Thyroid problems are not currently likely, please speak to your doctor if you have any concerns
Less than 0.5 mIU/L:	Your TSH level is too low to detect with a fingerprick dried blood spot test. Your TSH is under the expected range and may be low enough to indicate a thyroid problem. If you do not have symptoms of hyperthyroidism such as heat intolerance, racing pulse and weight loss, it is likely this result is normal. If you are concerned, see your doctor.

Important information about TSH results

A TSH level outside of the expected range may indicate a thyroid hormone problem and your doctor may need to order more tests. Please contact your doctor with these results for more information.

SID: 20180921111400-99900023-S0 UID: 1801-1801

Understanding TSH results

For more information on the interpretation of this result and the scientific validity and clinical utility of the MyHealthTest Thyroid (TSH) Test Service please see the [MyHealthTest website](https://www.myhealthtest.com) – <https://www.myhealthtest.com>.

The measurement of TSH in dried blood spots is comparable to those from traditional methods of blood testing, however your result may be different based on the following:

- Your sample may have been collected inappropriately, contaminated or affected during transport
- You may have a medical condition or be taking medication that has an effect on the Dried Blood Spot test

If your result is within the normal range provided but you are experiencing symptoms, please take your result to your doctor to discuss.

Questions? Contact our Customer Service Team

Phone: [+61 2 6145 2147](tel:+61261452147)

Email: customer.service@myhealthtest.com

Or find answers on our website at www.myhealthtest.com

Other useful resources

Below are some additional useful resources with more information on thyroid conditions.



THE AUSTRALIAN
THYROID
FOUNDATION LTD

<https://www.thyroidfoundation.org.au/>



Lab Tests Online^{AU}
EXPLAINING PATHOLOGY

<http://www.labtestsonline.org.au/learning/test-index/tsh>



<https://www.endocrineweb.com/conditions/thyroid-nodules/thyroid-gland-controls-bodys-metabolism-how-it-works-symptoms-hyperthyroid>



<https://www.healthdirect.gov.au/thyroid-problems>

(mht4379-0.3)