

Test Requested by: Jane Doe <janedoe.mht@gmail.com>

Person tested / patient	Contact details	Sample date & details
<b>Jane Doe</b>	Jane Doe	<b>07:45, Mon 10 Sep 2018</b>
DOB: 01 Jul 1971 (47 years) Gender: Female PBT-ID: 1801	Email: janedoe.mht@gmail.com Phone: 291234567 Mobile: 41212345678 PRT-ID: 1801	SAM-ID: 99900023 Ship-IF: IF996603 Type: Dried Blood Spot Received: 2018-09-20
Your test results are:		Reported: 2018-09-21, 15:52
Thyroid Stimulating Hormone (TSH): <b>2.3 mIU/L</b>		Analyte: TSH Method: DELFIA TRFIA Analysed: 2018-09-21, 11:14

### Expected TSH levels

For tests after 1 July 2018, the expected levels for our Thyroid (TSH) test have been altered due to a refinement in lab methodology. Any test results before this date have not changed.

TSH level:	Indicates that:
4.3 mIU/L or higher:	You may have a thyroid problem, please speak to your doctor
0.5 mIU/L – 4.2 mIU/L:	Thyroid problems are not currently likely, please speak to your doctor if you have any concerns
Less than 0.5 mIU/L:	Your TSH level is too low to detect with a fingerprick dried blood spot test. Your TSH is under the expected range and may be low enough to indicate a thyroid problem. If you do not have symptoms of hyperthyroidism such as heat tolerance, racing pulse and weight loss, it is likely this result is normal. If you are concerned, see your doctor.

### Important information about TSH results

**A TSH level outside of the expected range** may indicate a thyroid hormone problem and your doctor may need to order more tests. Please contact your doctor with these results for more information.

SID: 20180921111400-99900023-S0 UID: 1801-1801

## Understanding TSH results

For more information on the interpretation of this result and the scientific validity and clinical utility of the MyHealthTest Thyroid (TSH) Test Service please see the [MyHealthTest website](https://www.myhealthtest.com) – <https://www.myhealthtest.com>.

## Questions? Contact our Customer Service Team

Phone: [+61 2 6145 2147](tel:+61261452147)

Email: [customer.service@myhealthtest.com](mailto:customer.service@myhealthtest.com)

Or find answers on our website at [www.myhealthtest.com](http://www.myhealthtest.com)

## Other useful resources

Below are some additional useful resources with more information on thyroid conditions.



<https://www.thyroidfoundation.org.au/>  
(short link: <https://goo.gl/xwTBwj>)



Lab Tests Online<sup>AU</sup>  
EXPLAINING PATHOLOGY

<http://www.labtestsonline.org.au/learning/test-index/tsh>  
(short link: <https://goo.gl/KSvGKc>)



<https://www.endocrineweb.com/conditions/thyroid-nodules/thyroid-gland-controls-bodys-metabolism-how-it-works-symptoms-hyperthyroi>  
(short link: <https://goo.gl/sFtv78>)



<https://www.healthdirect.gov.au/thyroid-problems>  
(short link: <https://goo.gl/jcokRD>)

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