

Test Requested by: Jane Doe <janedoe.mht@gmail.com>

<i>Person tested / patient</i>	<i>Contact details</i>	<i>Sample date & details</i>
Jane Doe	Jane Doe	07:10, Tue 08 Jan 2019
DOB: 01 Jul 1971 (47 years) Gender: Female PBT-ID: 1801	Email: janedoe.mht@gmail.com Phone: 41212345678 Mobile: 41212345678 PRT-ID: 1801	SAM-ID: 99991463 Ship-IF: IF009960 Type: Dried Blood Spot Received: 2019-01-14
<i>Your test results are:</i>		Reported: 2019-01-14, 12:58
HbA1c (NGSP units): 6.3 %		Analyte: HbA1c-NGSP Method: Immunoassay Analysed: 2019-01-14, 11:58
HbA1c (IFCC units): 45 mmol/mol		Analyte: HbA1c-IFCC Method: Immunoassay Analysed: 2019-01-14, 11:58

Please speak with your doctor about these results.

If you have been diagnosed with diabetes

Your doctor will have discussed a target HbA1c level for the best management of your health. Please discuss these results with your doctor.

If you have not previously been diagnosed with diabetes

<i>An HbA1c level of:</i>	<i>Indicates that:</i>
6.5% (48 mmol/mol) or higher:	You may have diabetes
6.0 - 6.4% (42 - 47 mmol/mol):	You may be at high risk of developing diabetes
Less than 6.0% (42 mmol/mol):	Diabetes is not currently likely

Important information about HbA1c results

If you are pregnant, or planning to get pregnant and suspect that you may have diabetes or might be developing diabetes, see your doctor immediately for more advice.

Test results can be affected if you have medical conditions such as anaemia or have had a recent blood transfusion – please speak to your doctor.

SID: 20190114115829-99991463-S6 UID: 1801-1801

Understanding HbA1c results

Why do I get two separate measurements for my HbA1c results? A new way of reporting HbA1c levels is being introduced around the world. This will help avoid confusion with the daily blood glucose levels frequently measured by people with diabetes.

For more information on the interpretation of this result and the scientific validity and clinical utility of the MyHealthTest Diabetes (HbA1c) Test Service please see myhealthtest.com website.

The measurement of HbA1c in dried blood spots is comparable to those from traditional methods of blood testing, however your result may be different based on the following:

- Your sample may have been collected inappropriately, contaminated or affected during transport
- You may have a medical condition or be taking medication that has an effect on the Dried Blood Spot test

If your result is within the normal range provided but you are experiencing symptoms, please take your result to your doctor to discuss.

Questions? Contact our Customer Service Team

Phone: [+61 2 6145 2147](tel:+61261452147)

Email: customer.service@myhealthtest.com

Or find answers on our website at www.myhealthtest.com

Other useful resources

Below are some additional useful resources with more information on diabetes generally and about diagnosing and managing diabetes using the HbA1c test.



<https://www.diabetesaustralia.com.au/>



<http://www.labtestsonline.org.au/learning/test-index/hba1c>



<https://www.nps.org.au/medical-info/consumer-info/type-2-diabetes-explained>



<https://www.healthdirect.gov.au/diabetes>

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